

Children in Distress

# CINDI

Networking for children affected by AIDS



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# Annual Report

APRIL 2003 – MARCH 2004



## Chairperson's Report

It is with great pleasure that I write this report, as I feel proud to be associated with an organisation that has built an enviable reputation regionally, nationally and internationally.

I have come to think of CINDI as a jigsaw puzzle. The most dynamic, space-age jigsaw puzzle that I can imagine popping up in science fiction labs in about ten years time. Each Member is like a piece of the puzzle and contributes in his or her own inimitable way; and the task of the Network Office and FINCO is to ensure that the pieces get put into their correct places, and are realigned in response to new challenges. This is a daunting, and at times overwhelming task. Yvonne Spain spearheads the Network, and without her input and vision we would be much poorer as an organisation. Thank you, Yvonne! Yvonne is backed by three shining stars who work with dedication and commitment Thank you to Stella, Suzie and Sixolile.

Several FINCO Members have described being a member of FINCO as rewarding and a 'steep learning curve experience'. FINCO Members' goodwill, graciousness and willingness to serve ensure that FINCO is a vehicle through which the Network Office staff and the Network Members are assisted to better achieve their objectives. It has been a hectic year but with the support and encouragement of our major donors, we have engaged with this steep learning curve and amazingly the jigsaw puzzle still lines-up with our objectives. I would like to thank each and every member of FINCO for the role that they have played; especially Dr. Keith Wimble, our Treasurer who has given generously of his time, expertise and resources.



**Opposite:**  
Bev Killian,  
Chairperson

We need to express our gratitude to the staff of our major donors – Sphindile Magwaza and Nicole McHugh from Development Cooperation Ireland; and Nancy Muirhead from the Rockefeller Brothers Fund who have generously given their guidance and assistance. We know that they will feel that their money has been well and wisely spent and we look forward to continuing our relationship with them in the future. As we enter a new CINDI year, let us do so with the confidence that we will continue to work with purpose as a united network to benefit children in distress.

*Bev Killian*

## Director's Report

*"Thank you so much for setting up the recent meeting with CBO leaders. CINDI has been the most helpful of all the agencies I have contacted so far and is obviously fulfilling its mission as a network."*  
(Andrew Thomas Franklin, Senior Programme Funding Officer at UNICEF New York and visiting Research Fellow at HEARD – March 2004).

The above comment is a compliment to the Network Office staff team of Stellar Zulu (Coordinator), Sixolile Ngcobo (CBO Project Manager) and Suzie Krugel (Part Time Book Keeper) who have worked tirelessly during the past year with great commitment to CINDI Members and the children in their care. We have achieved a great deal and it gives me pleasure to report as follows:

### Organisational Development

 Thanks to generous funding from Development Cooperation Ireland and the Rockefeller Brothers Fund, work commenced with the needs analysis and organisational development of the CINDI Network Office and twenty-five Member Organisations. A summary of these findings is included in a separate section in this Annual Report;

**Cover Picture:**  
Andiswa  
Nzimande at the  
Botanic Gardens  
Festival of Lights  
(photograph  
used with the  
kind permission  
of her mother)



- Ⓡ An in-depth investigation into CINDI's options as a Funding Conduit was carried out by Berenice Meintjes, Jenny Bell (who are long standing CINDI Members) and Sixolile Ngcobo, and this too is included as a separate section in this Annual Report;
- Ⓡ In terms of the Agreements with DCI and RBF, we formalised a Mentorship Programme with a number of Community Based Organisations. This work is summarised in a separate report by CBO Project Manager, Sixolile Ngcobo;
- Ⓡ Hilary Kromberg Inglis of Rapid Phase volunteered her time and talents to redesign the CINDI website; and she developed the format of our weekly eNewsletter.

## Public Awareness

- Ⓡ CINDI made regular presentations to service clubs, schools and churches; and we participated in the SA AIDS Conference, the Anglican Diocesan 150th Anniversary Celebrations, a seminar held by the SA Catholic Bishops Conference, and the Premier's AIDS Indaba in Durban;
- Ⓡ We launched and distributed the "Vegetables for Health/Amaveji ayimpilo!" poster (funded by Msunduzi Municipality) and thanks to AIDS & Child Switzerland we reprinted the "Healing Plants/Amakhambi okwelapha" poster;
- Ⓡ During the year, we received many donations of knitted Comfort Dolls, toys and clothes which we distributed to CINDI Members. In this regard we are grateful to Valverite Valves & Plumbing supplies for the use of their warehouse and delivery vehicles;
- Ⓡ We have benefited greatly from the sewing skills and concern of "Granny Dorcas" – who uses scraps of material donated by members of the public to make beautiful clothes for children in the care of CINDI Members.



**Above:**  
CINDI Staff members Stellar Zulu, Yvonne Spain, Sixolile Ngcobo with Anele Zulu

## Networking

- Ⓡ The synergy within the various Working Groups continues to promote networking amongst Members. Thanks are due to Clare Wylie, Cameron Brisbane, Julie Todd, Gerrit Ter Haar, Deb Avery and June Turner – the indefatigable Working Group leaders. In addition I am grateful to Dr Julie Dyer for nurturing the relationships between CINDI Members and Local Government;
- Ⓡ CINDI collaborated closely with a large number of groups including the City's AIDS Task Team, the Alliance for Children's Entitlement to Social Security (ACCESS), The AIDS Consortium, MRC KZN AIDS Forum, KZN Council of Churches, KZN Civil Society Network, HSRC and Soul City;
- Ⓡ We welcomed many visitors including Social Development Minister Zola Skweyiya, and staff from DCI, RBF, Save the Children Sweden, AIDS & CHILD Switzerland, the US Embassy (Pretoria) and Consulate (Durban), The Oprah Winfrey Foundation, CINI India, ChildHOPE UK, African Medical Research Foundation and UNICEF/HEARD;



⦿ We enjoyed good working relationships with the local offices of the Departments of Welfare, Health and Home Affairs.

### Funding

⦿ Our activities continued to be generously funded by a number of valued donors, including DCI, RBF, AIDS & CHILD Switzerland, Stichting Kinder Postzegels Netherlands, Dr Willem Jan van der Ven and friends in Holland, The Regional Office of the KZN Department of Welfare, the DG Murray Trust, the Anglo American Chairman's Fund, Amalgamated Beverage Industries, Dr Anthony Kinghorn and contributions from many individual supporters;

⦿ During the year under review, the Network office managed and monitored the DCI funds which were distributed to nine CINDI Member organisations;

⦿ Thanks to funding sourced by CINDI Member HOPEworldwide (from Family Health International and USAID), we were able to develop a practical Nutrition Guideline in isiZulu for communities affected by HIV/AIDS. This was achieved through collaboration with Adult Education Specialist Kim Jones and the Centre for Adult Education, UKZN;

⦿ The Institute of Natural Resources received funding from RBF on behalf of CINDI and the Msunduzi Municipality, for the post of the Coordinator of the African Roots Urban Food Garden Project;

⦿ CINDI was nominated the beneficiary of all proceeds from The Inaugural Festival of Lights at the Botanic Gardens;

### Challenges

- The strong Rand's negative impact on the landed value of foreign donor funding;
- The impact on children of poverty and the lack of household food security;
- Education access and liaison with the Department of Education;
- Increased child abuse and neglect;
- The burden borne by elderly caregivers;
- The need to involve men as caregivers;
- Difficulties in rewarding and sustaining volunteers;
- The lack of skills and resources in community based organisations.

### Acknowledgements

The CINDI Network staff have been guided by the Finance and Management Committee, chaired by Bev Killian (Chairperson of *Sinani/KZN Programme for the Survivors of Violence*) whose experience and wisdom has ensured a strong foundation for our future development. Bev was ably supported by Vice Chairperson Sagree Naicker (Pietermaritzburg Child and Family Welfare Society), Treasurer Keith Wimble (The Valley Trust), June Turner, Charles Bennett (Community Chest), Florah Buthelezi (Msunduzi Hospice), and Gerrit Ter Haar (God's Golden Acre). In addition, we have received help from many other quarters – including Postman Pat McKenzie, The Witness, The Echo, The Mirror, the Msunduzi Municipality, Valverite cc, DcData, SA Internet, The Centre for Adult Education UKZN and the friendly staff at the Anglican Cathedral.

*Yvonne Spain*



**Above:**  
A foster mother at a CINDI workshop

# Coordinator's Report



It is my pleasure to once again report on activities undertaken in the past year.

## Membership Management

At our AGM last year CINDI Members demonstrated their appreciation of the Network when 56 out of 57 Full Voting CINDI partners renewed their membership. During the year we kept in touch with 38 Affiliate Members.

## Public Relations

I represented the public face of the Network by responding to invitations from various sectors, and was able to raise the profile of the Members of the Network at presentations, talks and workshops at the following forums: Alliance for Children's Entitlement to Social Security (ACCESS), Mpolweni Child Welfare Society, HIVAN, South African Cities Network, Unifoods (Pty) Ltd, National Baptist Convention, University of Kwa-Zulu Natal Edgewood Campus, Pietermaritzburg Mental Health Society, the Women's Institute, the Evangelical Seminary of Southern Africa, the Lutheran Women's Conference and the Paediatric Nurses' Association.

The Network has participated in a variety of awareness raising initiatives aimed at encouraging the public to become involved in assisting children affected by HIV/AIDS. These have included the East Coast Radio's Toy Story Campaign; the Children Helping Children Working Group's participation in Vuleka Production's recording of the Home/eKhaya song; collaboration with the HSRC's launch of the Fatherhood Project in KZN; and the hosting of a mini film festival where the American Consulate showed "A Closer Walk" by Robert Bilheimer. Furthermore, members of the public have become increasingly aware of the CINDI Network, and the Office continues to be pleasantly amazed by the donations in kind received for distribution to children in the care of CINDI Members.



## Networking

I have enhanced networking by administering the following Working Groups:

- Thapelo Medicines Access;
- Children Helping Children;
- The Home Based Care Consortium;
- The City Wide Home Based Care Network;
- Child Intervention Panel (CHIP).

In addition, CINDI Members and invited guests have also been able to network by sharing their experiences at regular Informal Network meetings. Presentations have been made by The Valley Trust, The National Association of Child Care Workers, Project Noah, Springs of Hope and HIVAN.

## Acknowledgements

I would like to thank our donors, Members, the CINDI Network Office staff and FINCO for their unwavering and reliable support. My heartfelt thanks also go to the following: Msunduzi Municipality, the KZN Department of Health, The Midlands Ladies' Guild, St Nicholas Diocesan School, St John's Diocesan School for Girls, The Witness, Echo, The Mirror, Amalgamated Beverage Industries Ltd, Human Sciences Research Council, The American Consulate, The Anglican Cathedral, The Natal Museum, Truro Quilters Guild, The Rotary Club of Pietermaritzburg, Valverite, Nissan South Africa, and Vuleka Productions.

*Stellar Zulu*

**Above:**  
Stellar Zulu with party bags donated and packed by members of the Children Helping Children Working Group



# CBO Project Manager's Report

## Introduction

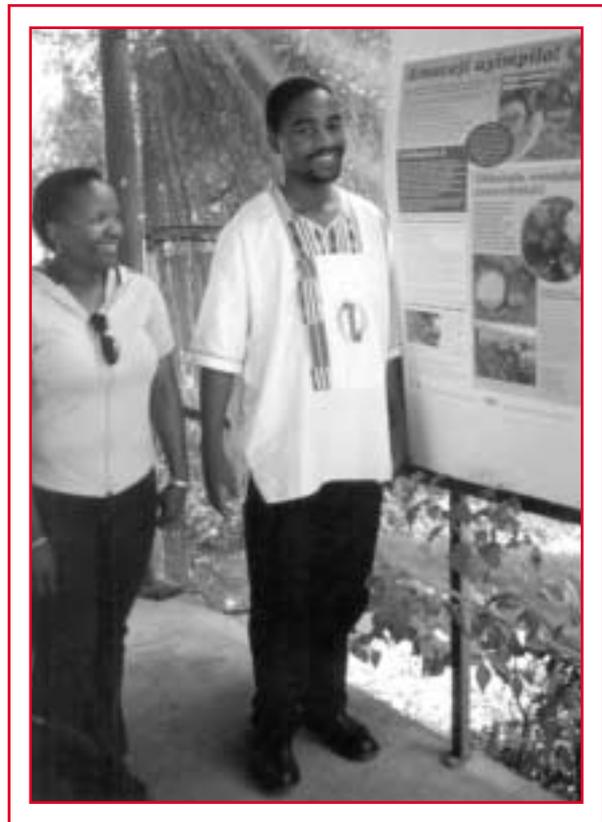
I joined the CINDI Network Office in February 2003. My brief has been to develop and mentor community based organisations linked to the CINDI Network, with a special focus on fledgling organisations associated with the 9 DCI Beneficiaries. The CBO Mentoring project has three primary focus areas, these being Relationships, Training and Support and Research.

## Relationships

Strengthening and nurturing existing relationships was given priority from the start. The NGO/CBO Partnerships were encouraged to develop working agreements with clear aims and goals that were mutually beneficial – based on building trust, mutual support and the transference of skills and knowledge in a reciprocal manner.

## Training and Support

The first step was to gather information about the types of skills available in CBOs through a skills audit process. Secondly, a training needs assessment was conducted in order to best inform the CBO Training Programme. As a result, it became evident that we needed to focus on survival skills in order to build the capacity of the CBOs so that they could develop into fully-fledged, independent organisations. Quarterly review meetings are held with the mentoring NGOs to provide them with an opportunity to support, share and learn from each other.



**Opposite:**  
Sixolile Ngcobo  
with Vusi  
Lushaba of  
Youth for Christ  
KZN at the  
launch of the  
'Amaveji  
ayimpilo!' poster

## Action Learning Research

Activities in this section include:

-  Documenting the mentoring process, its successes, challenges, and learning points;
-  Mining of existing literature on mentoring and community development for the purposes of disseminating information to Network Members and project participants.

## Successes

-  A partnership with Centre for Adult Education at University of KwaZulu Natal has been established;
-  CBO members are trained and active in Home Base Care, Child Care, Play Therapy Skills, Psychosocial Support, HIV/AIDS Awareness etc);
-  Links have been made with other networks and stakeholders that are interested in developing CBOs.

## Challenges

-  Community and political dynamics have been a hindrance to community development;



- ⦿ There is a high turnover of volunteers due to ill-health, successful job-seeking, relocation etc;
- ⦿ Volunteer retention continues to pose a threat to sustaining CBO activities.

### Lessons Learnt

- ⦿ We have realised that CBOS are best placed to deal with the problems faced by communities;
- ⦿ NGO/CBO partnerships can promote community development, ownership and proactive responses by community members.

### Conclusion

I am humbled by the commitment and response of the NGOs and CBOs who work hand in hand in providing services to the children, families and communities. I salute them. My sincere gratitude goes to Yvonne, Stellar and Suzie who are always there to support and guide me. Last but not least I would like to thank DCI and RBF for their generous funding – without their help we wouldn't have been able to break new ground in capacity building initiatives and community development. To all my colleagues in the NGOs and CBOs: Aluta continua.

Okumhlophe.  
*Sixolile Ngcobo*

## Organisational Development Report

The work done by the Members of CINDI is incredibly moving and it involves the heart, soul and minds of those who work in this field. It is physically, emotionally and spiritually demanding. However, in working with and coming to know the Members of CINDI, we were struck by the incredible HOPE and dedication of the people called to this service to the community in and around Pietermaritzburg.

### Achievements to Date

- ⦿ Organisational development with 25 Member Organisations;
- ⦿ Support for the CBO Mentorship Project in the initial stages;
- ⦿ Work with CINDI Network Office (CNO) to define the service it provides, develop a strategy and begin to evaluate/measure its impact;
- ⦿ Review of the CINDI Network Office's HR policies;
- ⦿ Development of an M & E process for CINDI Members and the CINDI Network Office in its role as a Funding Conduit;
- ⦿ Work with Member Organisations to identify similar activities (28 organisations participated in these workshops). In an attempt to understand the incredible diversity of the Network, organisations were clustered according to similarities in the type of service they provide – resulting in the identification of five Clusters:  
**Community Development and Economic Empowerment, Health Care and Home Based Care, Children in Care, Schools and Youth Development and Psychosocial Support.**

### Conclusion

The OD project which runs until December 2004, has been a dynamic process adapting to needs and challenges as they arise. We look forward to serving CINDI and its Members further in the next few months.

*Rachel Rozentals-Thresher & Tracy Hackland OD Consultants*



# Working Group Reports

## Local Government

The Msunduzi Municipality and the CINDI Network have continued to work closely together during 2003/04 to address problems around HIV/AIDS in the city. The partnership has been of great benefit in the implementation of various programmes related to the Msunduzi AIDS Strategy.

Collaboration during the year included the delivering of supplies to the Thapelo Project, the development and publication of the second nutrition poster, "Amaveji ayimpilo!" on vitamin A, the Msunduzi AIDS Research day and the African Roots project. The Municipality greatly appreciates the work that CINDI is doing to help children in the City, and hopes to continue this partnership approach in the future.

*Dr Julie Dyer, Msunduzi Municipality*

## Funding Panel

During the year under review, the Funding Panel (Larensia Rabe from the KZN Department of Social Development, Charles Bennett from Community Chest, Dr Julie Dyer from the Msunduzi Municipality and Yvonne Spain ) kept a watching brief on the activities of the DCI Beneficiaries. The Panel also noted with interest, the activities and the Review Report of the Funding Conduit Task Team submitted below by Berenice Meintjes:

### "Funding Conduit Review"

More than two years ago CINDI explored the possibility of becoming a Funding Conduit for Members, and developed a Funding Protocol for this purpose. A short time later, CINDI received funding from Development Cooperation Ireland which was allocated to nine Members. At the end of 2003, Berenice Meintjes (from *Sinani/Programme for the Survivors of Violence* and former CINDI Chairperson), Jenny Bell (founder CINDI Member), and staff members Sixolile Ngcobo and Yvonne Spain, were asked to conduct a survey about whether CINDI should expand, continue or discontinue its role as a Funding Conduit. This Task Team (whose expenses were kindly funded by DCI) surveyed the opinions of the CINDI Network Office staff, Members, non-members, external consultants with experience in this field and funders with experience as a funding conduit. All

respondents were asked whether or not CINDI should play a role as a Funding Conduit and only one respondent (a non-member) said that CINDI should discontinue this activity.

### Proposed Model of Funding

A variety of creative options were presented by respondents. These were summarized into a unified model which is an adaptation of the current structure – guided by a Funding Panel comprising external experienced people who do not have any direct interest in receiving funding.

It was proposed that a Funding Department be created within the CINDI Network Office – to be responsible for developing proposals in consultation with Network Members, fundraising, receiving and processing of proposals from Members, writing recommendations for allocations to the Funding Panel, coordinating grant disbursements, coordinating financial reports, narrative reports and monitoring and evaluation.

The respondents also strongly emphasised the need for capacity building of smaller organisations, most notably CBOs. It was proposed that a small Department within CINDI facilitates this by making use of the expertise of CINDI Members. Another aspect that came through clearly from most respondents was the need for clear, transparent, pre-emptive policy frameworks for all parts of the funding process which will be attended to as the next step in the process.



**Above:**  
Michael and  
Dianne Hudson  
of the Oprah  
Winfrey  
Foundation with  
Yvonne Spain



### **Conclusion**

While this review process seemed to represent an exciting juncture in the developmental life of the CINDI Network, in reality it simply punctuated a natural progression. There were in fact few major changes recommended by Members and other supportive parties, and this is testimony to the excellent work done by the CINDI Network and its consultative relationship with Members and strategic partners.”

### **Home Based Care Consortium**

Despite limited funding, our Training Team presented 10 workshops during the year (7 of which were sponsored by the Consortium out of diminishing funds). These took place in disadvantaged communities in Pietermaritzburg, Richmond, Greytown and Ixopo. In addition, we maintained close links with the Msunduzi Municipality and the Regional Departments of Health and Social Development

### **Future Plans**

As a consequence of finalising our isiZulu Training Manual and Handouts, it became necessary to review the goals of the Consortium. Therefore, we decided in January 2004 that the training activities of the Consortium would be incorporated into Msunduzi Hospice; and that the original Member Organisations would form a Reference Group to keep a watching brief on Hospice’s HBC training activities.

### **Acknowledgements**

A large part of our success over the last five years, has been due to the commitment of the Training Team of Ms Nobuhle Ndawonde (Training Coordinator), Mrs Florah Buthelezi, Mr Kenneth Ndlovu, Sr Thoko Bophela and until recently, Sr Theresa Terry. As members of the Consortium we have been enriched by our collaboration, and thank our parent organisations (Msunduzi Hospice, PADCA, CREATE and CINDI) for their support. We are proud of our achievements.

*Clare Wylie, Msunduzi Hospice (Lead Partner)*



**Above:**  
Comfort/Duduza  
Dolls knitted by  
volunteers  
and used in  
counselling  
bereaved  
children

### **Housing Access Working Group**

The HAWG was formed in 2001, in response to the KZN Department of Housing’s policy of promoting institutional care in the wake of the AIDS pandemic. It is focussed primarily on developing alternative housing solutions for orphans, children affected by or infected with HIV/AIDS, and other vulnerable groups of children in need of shelter.

The Group operated through the last year as a loose network of stakeholders involved in demonstration projects and promoting good practice, rather than formal meetings. During the year the Built Environment Support Group (BESG) assisted the Pietermaritzburg Child and Family Welfare Society and Pietermaritzburg Children’s Homes (PCH) in accessing transitional housing subsidies.

Local housing investment is now largely to be routed through Msunduzi Municipality, in line with recent amendments to housing legislation. Following the “Consensus Building Conference” on HIV/AIDS and Housing, held in March 2003, the Municipality committed itself to setting standards for good practice in township design and development. These will be aimed at promoting safer neighbourhoods, and sustainable, healthy, and secure housing for extended families, carers of orphans and other vulnerable children, and child-headed households; and adopting alternative models of non-institutional care for OVCs.

*Cameron Brisbane, Built Environment Support Group*



### **The Child Intervention Panel (CHIP)**

During the year CHIP met on an ad hoc basis. This decision was informed by the increased profile of the CINDI Office – resulting in members of the public calling in directly to Stellar Zulu or Yvonne Spain. Where necessary, cases were referred to CINDI Members with relevant expertise.

#### **Cases**

-  Forty-seven members of the public visited the CINDI office for assistance. It is interesting to note that seven of these were referred to us by Doctors from local hospitals;
-  Thirteen cases were referred to CINDI Members for action;
-  One hundred and thirty eight cases concerned Education Access, and these were referred to Mr Sunil Mahabeer in the KZN Department of Education;
-  Most of the cases concerned access to vital documents.

We would like to thank Sunil Mahabeer and CINDI Members for responding to the needs of CHIP’s clients.

*Stellar Zulu*



**Above:**  
St John’s DSG  
Marimba Band  
at the Children  
Helping  
Children party

### **Thapelo Medicines Access**

The Thapelo Project, which enables Home Based Caregivers to access free basic supplies for use in the care of terminally ill patients has had an exciting year.

During the year under review, the part-time Coordinator Ms Lindiwe Gcabashe left the project for a full time position. Thanks to assistance from the Regional Office of the Department of Health and Life Line/ Rape Crisis her post

was filled by Ms Zanele Shelembe, a VCT Counsellor. Thus the Thapelo Project took on the added role of serving as a VCT site.

Msunduzi Municipality, who currently provide the project with R10 000 worth of supplies each month, requested that a depot be established in Sweetwaters where the majority of the caregivers serving under the Municipality are located. This has led to the number of volunteers utilising the services of the Thapelo Project to increase from 64 in 2003 to 575. Their service to the community has averaged a case load of 365 children and 826 adults per month over the year in question.

#### **Acknowledgements**

The Thapelo Project would like to acknowledge the generous contribution of the Msunduzi Municipality for the supplies; Msunduzi Hospice our Lead Partner for assistance with the administration of human resources and office space; Department of Health our partner in the VCT programme; Amalgamated Beverage Industries for the donation of money for the Thapelo bags; the organisers of the Festival of Lights for their kind donation to the project; the Rotary Club of Pietermaritzburg; Dr Willem Jan van der Ven and his friends in Holland and all our supporters who have donated in kind and financially to the success of the project.

*Gerrit Ter Haar, Chairperson*



## Children Helping Children

2003/4 has been an active year for Children Helping Children, as many new schools rallied to the call to become involved.

### Highlights

-  Collections this year, have included items for the Thapelo Medicines Access Working Group, party treats for the Annual Party, a collection of staple foods and a Valentines Day drive for winter clothes and blankets, called "Warm the Heart";
-  500 children attended a concert at City Hall on the Day of Innocent Children in June. They were entertained by the St John's DSG band, the Caluza choir and drama group, and the St Nicholas choir and band;
-  400 children in the care of CINDI Members attended the annual party hosted by children from the participating schools. The drumming workshop was a wonderful experience for all who attended;
-  The printing of brochures, funded by AIDS & CHILD, Switzerland has made it easier for us to inform other schools about the work of Children Helping Children.

*Deb Avery, Chairperson, St Nicholas Diocesan School*

## Nutrition Working Group

During the year we once again focused on the three main objectives of the Working Group ie. emergency food relief, good nutrition practice and food production.

### Emergency Food Relief

Although we continue to be concerned about emergency food relief, plans seem afoot within Government and Municipal circles. We wait anxiously.

### Good Nutrition Practice

I am happy to report that a draft of the isiZulu Nutrition Guidelines was finalised in December 2003. Special thanks go to Kim Jones (Adult Education Specialist), the Centre for Adult Education UKZN and Nasreen Ismail (KZN Department of Health) for their input. We also thank CINDI Member Eddie Phillips from *Hopeworldwide* for sourcing funding from USAID and Family Health International which allowed us to produce this Guideline. The next step is to secure funding to employ a Nutrition Training Officer who will be based at Life Line House and will work closely with Home Based Carers and the African Roots Coordinator.

In addition, a food garden was established at the Inkazimulo Child Care Shelter in Edendale where a practical cooking and teaching course has commenced so that over 40 children receive a nutritional meal on every school day. We intend to chart their growth and eventually move on to cooking for ill people.

### Food Production

Our African Roots Project, with funding from the Rockefeller Brothers Fund, is off the ground. Mr. B J Njokwe was appointed as Coordinator by the Institute of Natural Resources in March 2004, and almost immediately left for a three week conference in Nairobi on Urban Agriculture We are all looking forward to working closely with B J.

Lastly, thanks to the Msunduzi Municipality, a beautiful "Vegetables for Health" poster was produced during the year, which has been distributed to NGOs, CBOs, clinics, libraries and businesses.

*June Turner, Chairperson*



**Above:**  
Nutrition Working Group Members June Turner, Candice Smith and Pius Gaza (from The Valley Trust) visit a community food garden in Landauville, Caluza



# Honorary Treasurer's Report

The financial resources of CINDI strengthened further during the year under review. Development Cooperation Ireland and Rockefeller Brothers Fund continued their generous funding grants, while Stitching Kinderpostegels Nederland made a substantial first time grant.

The total income of R3 191 396 was marginally down on the income of 2003. The expenses increased significantly from R269 133 to R648 245 due primarily to consultancy fees, salaries and training costs. A surplus of R356 413 was transferred to the Accumulated Fund, which now stands at R581 369. The total assets employed in CINDI are R2 685 414 which is 10% higher than in 2003.

Thanks are recorded to Messrs Deloitte & Touche for the audit and the staff of CINDI for their hard work and commitment.

*Dr Keith Wimble*

**Qualified  
Audit Opinion  
- Deloitte &  
Touche**

We hereby confirm that the balance sheet and income statement included in this report is an extract of the audited financial statements for the year ended 31 March 2004 and that signed copies can be obtained from the CINDI Network Office, Cathedral Complex, 169 Longmarket Street, Pietermaritzburg.

**CHILDREN IN DISTRESS NETWORK  
BALANCE SHEET  
as at 31 March 2004**

	<u>Note</u>	<u>2004</u> R	<u>2003</u> R
<b>ASSETS</b>			
<b>NON-CURRENT ASSETS</b>			
Property, plant and equipment	1	91 715	106 656
<b>CURRENT ASSETS</b>			
Cash in bank		490 630	117 943
Sundry debtors		-	452
Ireland Aid fund account		2 029 529	2 185 190
Other fund account		73 540	-
		<u>2 593 699</u>	<u>2 303 585</u>
<b>TOTAL ASSETS</b>		<u><u>2 685 414</u></u>	<u><u>2 410 241</u></u>
<b>EQUITY AND LIABILITIES</b>			
<b>CAPITAL AND RESERVES</b>			
Accumulated fund	2	581 369	224 956
Ireland Aid fund	3	2 029 529	2 185 190
Other sundry funds	4	73 540	-
		<u>2 684 438</u>	<u>2 410 146</u>
<b>CURRENT LIABILITIES</b>			
Accrued Expenses		976	95
		<u>2 685 414</u>	<u>2 410 241</u>



**CHILDREN IN DISTRESS NETWORK**  
**INCOME STATEMENT**  
for the year ended 31 March 2004

	<u>Notes</u>	<u>2004</u>	<u>2003</u>
		R	R
<b>FUNDRAISING INCOME</b>		99 985	91 205
Subsidy from KZN Department of Welfare		68 458	77 458
General donations received		31 527	13 747
<b>DESIGNATED DONATIONS</b>		2 115 812	2 400 472
Fund Ireland Aid - Grants to beneficiaries		2 107 539	2 400 276
Research grant from Department of Social Development		-	196
Thapelo project		21 432	-
Less: Project Expenditure		(21 241)	-
Children helping children		8 082	-
<b>OTHER INCOME</b>		975 599	768 949
Rockefeller Fund income		158 313	221 300
Goal SA income		31 376	94 126
Ireland Aid income		228 597	367 948
DG Murray Trust income		26 500	46 500
Anglo American Income		53 000	60
Stitching Kinderpostegels Nederland		254 803	-
Aids and child income		66 290	-
Administrative service to Msunduzi Hospice and Soul City		5 153	7 820
Interest received - current account		19 612	31 195
- Ireland Aid fund		131 955	-
<b>TOTAL INCOME</b>		<u>3 191 396</u>	<u>3 260 627</u>
<b>LESS: EXPENSES</b>		648 245	269 133
Advertising		1 603	5 204
Administration and accounting fees		7 603	24 814
Bank charges		6 719	2 890
Computer expenses		599	4 179
Conferences		10 247	-
Consulting fees		125 875	12 316
Depreciation		28 811	4 950
Donations		-	250
PR Entertainment		1 453	441
PR Refreshments		1 709	3 269
PR Networking		1 604	980
Fees paid - subscriptions		1 221	570
Hire of hall/facilities		1 850	950
Insurance		9 887	-
Motor vehicle expenses		3 854	200
Repairs and maintenance		3 952	91
Rental - office		15 430	9 135
Photocopying and postage		2 943	3 264
Printing		24 726	7 671
Salary expenses		289 170	159 197
Stationery		6 426	4 663
Sundry expenses		3 954	185
Telephone		37 026	16 314
Travel		4 985	5 935
Training		55 229	1 389
Workmens compensation		1 369	276
<b>SURPLUS for the year</b>		2 543 151	2 991 494
Less: Amount transferred to Ireland Aid Fund	3	(2 178 656)	(2 785 260)
Amount transferred to Other funds	4	(8 082)	-
<b>Amount transferred to Accumulated Fund</b>		<u>356 413</u>	<u>206 234</u>



## Full Voting Members (56)

- African Co-operative Action Trust (ACAT): Provides counselling, material, financial support, establishment of gardens and income generation projects for orphans and affected families. [acat@pixie.co.za](mailto:acat@pixie.co.za)
- African Enterprise: An evangelical organisation with an HIV/AIDS response that acts as a networking resource. [ceasterday@ae.org.za](mailto:ceasterday@ae.org.za)
- Beverly Killian: Individual member. [Killian@ukzn.ac.za](mailto:Killian@ukzn.ac.za)
- Built Environment Support Group: Provides technical support on housing and development projects. [cameron@besg.co.za](mailto:cameron@besg.co.za)
- Christelike Maatskaplike Dienste: A Christian organisation providing life skills programmes for children in the Ixopo and Kranskop areas. [cmdpmb@absa.co.za](mailto:cmdpmb@absa.co.za)
- Cindy Easterday: Individual member. [simunye@futurenet.co.za](mailto:simunye@futurenet.co.za)
- Community Based Rehabilitation Education & Training for Empowerment (CREATE): Training of communities to look after disabled children in KwaZulu -Natal. [create3@telkomsa.net](mailto:create3@telkomsa.net)
- Department of Welfare and Population Development, KZN (Pietermaritzburg Region): Co-ordination and subsidization of services for children. [rael@pwke.kzntl.gov.za](mailto:rael@pwke.kzntl.gov.za)
- Family and Marriage Society of South Africa (FAMSA): Provides life skills programmes in the Msunduzi Municipality and Impendle areas. [famsapmb@sai.co.za](mailto:famsapmb@sai.co.za)
- Family Violence, Child Abuse and Sexual Offences Unit (SAPS): Investigation of all criminal cases against children as well as domestic violence and sexual offences against adults. [midlandsfcs@saps.org.za](mailto:midlandsfcs@saps.org.za)
- Friends for Life: Caring for people living with HIV/AIDS in Mphophomeni. [friends@pixieco.za](mailto:friends@pixieco.za)
- God's Golden Acre: Provides paediatric hospice care, cluster foster care, outreach development programmes and home schooling in the Swayimane and Sankontshe areas. [gga@wandata.com](mailto:gga@wandata.com)
- Hope and Peaceful Organisation: Provision of home based care services in the Enkanyezini area.
- Howick Community Church AIDS Ministry: Provides social, psychosocial and material support for families in Mphophomeni. [homoepath@futurenet.co.za](mailto:homoepath@futurenet.co.za)
- Humanity Organisation for People's Empowerment (HOPE): Providing counselling, nutrition and home based care in Edendale.
- Imbalenhle Community Health Centre: Provides post-natal care, PMTCT, home based care and training of caregivers.
- Jabulile Doreen Shange: Individual member.
- John Scarrott: Individual member.
- Joshua Empowerment Project: Provides ABET, economic skills development training and a feeding scheme for youth living in the street. [adolfkilyobo@hotmail.com](mailto:adolfkilyobo@hotmail.com)
- June Turner: Individual member. [turners@sai.co.za](mailto:turners@sai.co.za)
- Kenosis Community: Provides cluster foster care and runs a crèche for underprivileged children in Bishopstowe. [kenosis@telkomsa.net](mailto:kenosis@telkomsa.net)
- Khulugqame Crèche Association: Crèche workers who also provide home based care visits to their communities.
- Lawyers for Human Rights: Legal advice and research on the rights of children affected by HIV/AIDS. [lhrpmb@lhr.org.za](mailto:lhrpmb@lhr.org.za) or [lhrpmb@wn.apc.org](mailto:lhrpmb@wn.apc.org)
- Lethithemba Anglican Cathedral AIDS Ministry: Community outreach projects that provide material support to needy families and street children. [parish@mweb.co.za](mailto:parish@mweb.co.za)
- Liesl Jewitt: Conducts workshops and materials development on the transfer of skills in play therapy and bereavement counselling for professional and lay counsellors. [liesel@futurenet.co.za](mailto:liesel@futurenet.co.za)
- Life Line and Rape Crisis Pietermaritzburg: Provides generic telephone counselling on a 24 hour basis, face-to-face counselling by appointment; 24 hour mobile crisis counselling to rape survivors, attempted or threatened suicide; and battered woman who require removal to the Haven. Also provides counselling skills courses and HIV/AIDS rapid testing. [lifelinepmb@wandata.co.za](mailto:lifelinepmb@wandata.co.za)
- Msunduzi Hospice: Provides home based care services and training, bereavement support to families and foster mothers in Pietermaritzburg. [hospice@futurenet.co.za](mailto:hospice@futurenet.co.za)
- Msunduzi Municipality: Implementation of the City AIDS Strategy, municipal services for 21 clinics, ATICC, provides home based care supplies in the Msunduzi Municipality. [dveri@pmbcc.gov.za](mailto:dveri@pmbcc.gov.za)
- National Institute for Prevention of Crime and the Reintegration of Offenders (NICRO): Support for offenders' families and communities in the Midlands Region. [nicropmb@mweb.co.za](mailto:nicropmb@mweb.co.za)
- Nyamazane Community Development: Conducts HIV/AIDS awareness workshops.
- Pietermaritzburg Agency for Christian Social Awareness (PACSA): An ecumenical organisation working with human rights and justice issues. [pacsa@wn.apc.org](mailto:pacsa@wn.apc.org)
- Pietermaritzburg and District Care of the Aged (PADCA): Provides home based care for the aged and support groups for grandparents of orphaned children. [padcasa@futurenet.co.za](mailto:padcasa@futurenet.co.za)
- Pietermaritzburg Child and Family Welfare Society: Facilitates special needs foster care placements, cluster foster care and monitoring of children (including HIV+ children). Recruits and trains special needs caregivers. [adaptpmb@futurenet.co.za](mailto:adaptpmb@futurenet.co.za) or [pmbcws@futurenet.co.za](mailto:pmbcws@futurenet.co.za)
- Pietermaritzburg Children's Homes: Provides residential care for children affected by HIV/AIDS. [pch@futurenet.co.za](mailto:pch@futurenet.co.za)
- Pietermaritzburg District Community Chest: Fund raising and logistical support for welfare agencies. [chest@pixie.co.za](mailto:chest@pixie.co.za)



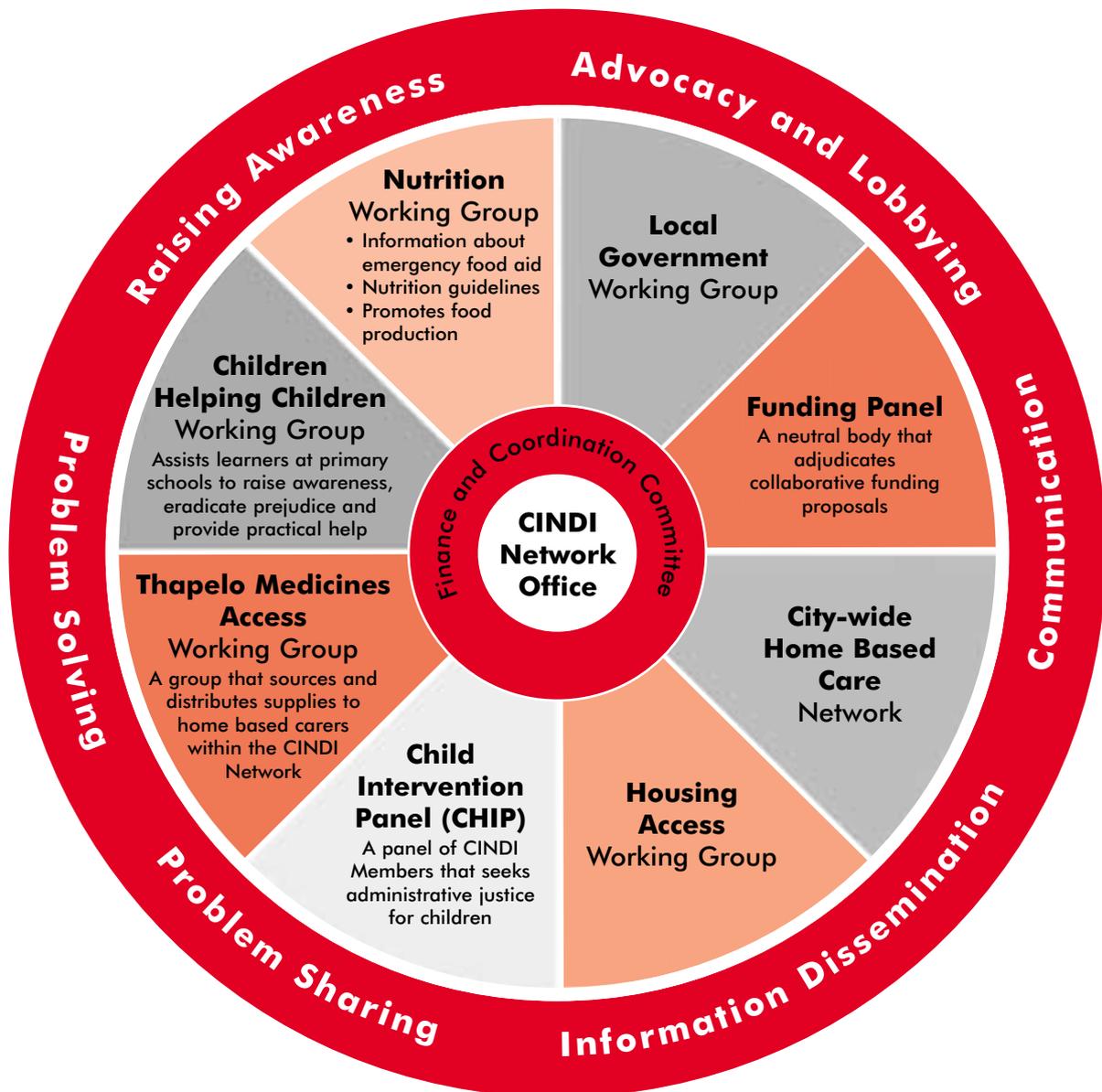
- Project Gateway: Income generating skills training, pregnancy crisis and home based care. [pg@futurenet.co.za](mailto:pg@futurenet.co.za)
- Rehoboth Trust: Foster care for orphaned and abandoned children infected or affected by HIV/AIDS in Port Shepstone. [info@rehoboth.org.za](mailto:info@rehoboth.org.za)
- Rob Smetherham Bereavement Service for Children: Provides play therapy counselling to children, support to caregivers and conducts community awareness training in the use of play skills to support bereaved children. [rsbcc@futurenet.co.za](mailto:rsbcc@futurenet.co.za)
- Suid Afrikaanse Vroue Federasie (SAVF): A welfare organisation focussing on women, community development, poverty alleviation and HIV/AIDS. [savfncv@mweb.co.za](mailto:savfncv@mweb.co.za)
- Sibusiso Khanyile: Individual member.
- Sinani/KZN Survivors of Violence: Provides community based psycho-social interventions and trauma counselling for caregivers and children. [bearpsv@iafrica.com](mailto:bearpsv@iafrica.com)
- Sinomlando Memory Box Project: Promoting resilience in children of families affected or infected by HIV/AIDS. [denis@ukzn.co.za](mailto:denis@ukzn.co.za)
- Siyaphila Community Based Organisation: Provides support group services for families and children affected by HIV/AIDS.
- SOS Children's Village: Cares for children who are affected by HIV/AIDS. [pmb@sosvillage.org.za](mailto:pmb@sosvillage.org.za)
- South African Health Care Organisation (SAHECO): Provides income generating skills training and HIV/AIDS awareness workshops in the Inadi Tribal area. [hongani@3i.co.za](mailto:hongani@3i.co.za)
- St John's Diocesan School for Girls: Collects non-script palliative medicines for children. [symesa@stjohns.kzn.school.za](mailto:symesa@stjohns.kzn.school.za)
- St Mary's Catholic Church AIDS Concern Group: Faith based organisation assisting affected communities in Pietermaritzburg. [lizkm@futurenet.co.za](mailto:lizkm@futurenet.co.za)
- St Nicholas Diocesan School: Collection of non-script palliative medicines for children. [stnicks@soal.com](mailto:stnicks@soal.com)
- Tabitha Ministries: Provision of home based care, income generating skills training and a hospice. [Tabitha@3i.co.za](mailto:Tabitha@3i.co.za)
- The Salvation Army Joseph Baynes Children's Home: Provides residential care for vulnerable and HIV/AIDS infected and affected children in Pietermaritzburg. [salarmy@sai.co.za](mailto:salarmy@sai.co.za)
- The Valley Trust: Provides community health care support, testing, home based care, nutrition education, organic agriculture, personal development and whole school development. The Valley Trust is situated in Botha's Hill and serves the whole of KwaZulu-Natal. [vtrust@wn.apc.za](mailto:vtrust@wn.apc.za)
- Training and Resources in Early Education (TREE): Provides training in Early Education in the whole of KwaZulu-Natal and parts of the Eastern Cape. [tree@worldonline.co.za](mailto:tree@worldonline.co.za)
- Umngeni AIDS Centre: Strengthens community based and church HIV/AIDS initiatives in the Hilton, Howick and Mpophomeni areas. [admin-umngeni@webmail.co.za](mailto:admin-umngeni@webmail.co.za)
- UMvoti AIDS Centre: A network of people and organisations working in HIV/AIDS field in the Greytown area. [mwtonyd@mweb.co.za](mailto:mwtonyd@mweb.co.za)
- Youth for Christ: Family reunification for street children (including transitional residential care), AIDS education and support groups for youth in schools and poor communities and income generating skills training for communities in Durban and Pietermaritzburg. [samann@youthkzn.co.za](mailto:samann@youthkzn.co.za)
- Zethembe People's Organisation: Conducts HIV/AIDS awareness workshops, peer education, home based care as well as run a crèche for orphaned children.

## Affiliate Membership (38)

- AIDS & CHILD Switzerland [info@aidсандchild.org](mailto:info@aidсандchild.org)
- AIDS Help International (Durban) [palms@mweb.co.za](mailto:palms@mweb.co.za)
- Black Sash [sashpmb@blacksash.org.za](mailto:sashpmb@blacksash.org.za)
- CINI ASHA [ciniasha@vsnl.com](mailto:ciniasha@vsnl.com) (India)
- Childline [joanvn@iafrica.com](mailto:joanvn@iafrica.com)
- Dominican Order Sinethemba Trust [smuyebe@yahoo.com](mailto:smuyebe@yahoo.com)
- Dr N. H. McKerrow [mckerrown@dohgreys.kznitf.gov.za](mailto:mckerrown@dohgreys.kznitf.gov.za)
- E.R.I.C Training and Development [olive@scottburg.co.za](mailto:olive@scottburg.co.za)
- Eagle Training & Development [jmofokeng2002@yahoo.co.uk](mailto:jmofokeng2002@yahoo.co.uk)
- ECAP:ESSA Christian AIDS Programme [ecapessa@mweb.co.za](mailto:ecapessa@mweb.co.za)
- Emuseni Centre for the Aged
- Gozololo Centre for Needy Children [nataliec@fotf.co.za](mailto:nataliec@fotf.co.za) (Durban)
- HIVAN [zondid2@ukzn.ac.za](mailto:zondid2@ukzn.ac.za) (Durban)
- Hope World Wide [EdwardPhillips@hopeww.org](mailto:EdwardPhillips@hopeww.org) (Soweto)
- House of Hope [hunterm@uclink.berkeley.edu](mailto:hunterm@uclink.berkeley.edu)
- Howick Hospice [howkhosp@sai.co.za](mailto:howkhosp@sai.co.za)
- Ingwavuma Orphan Care [10c@lantic.net](mailto:10c@lantic.net) (Ingwavuma)
- Jenny Bell [bell@wandata.com](mailto:bell@wandata.com)
- Justice and Woman (JAW) [jaw@futurenet.co.za](mailto:jaw@futurenet.co.za)
- L.E.T.C.E.E. Izingane Zethu [letcee@xsinet.co.za](mailto:letcee@xsinet.co.za) (Greytown)
- Louise Vis [lviscarton@yahoo.com](mailto:lviscarton@yahoo.com) (Washington DC)
- Mabongi Mtshali [mmtshali@nmsa.org.za](mailto:mmtshali@nmsa.org.za)
- Mathew 25 Ministry [mdcoke@futurenet.co.za](mailto:mdcoke@futurenet.co.za)
- Operation Bobbi Bear [bobbibear@lantic.net](mailto:bobbibear@lantic.net) (KZN South Coast)
- Pinetown Child Welfare Society [pmckay@mweb.co.za](mailto:pmckay@mweb.co.za)
- Rob Maree [robmaree@sai.co.za](mailto:robmaree@sai.co.za)
- Ross A. Haynes, Health Systems Trust [hstross@sai.co.za](mailto:hstross@sai.co.za)
- Sakhisizwe-E-Afrika
- Sally Howes [Sallyh@heinemann.co.za](mailto:Sallyh@heinemann.co.za)
- Sister Margaret O'Shea and Lavern Anderson Harry [iti05728@mweb.co.za](mailto:iti05728@mweb.co.za)
- Sister Sheila Flynn Sithandizingane Care Group [thabong@global.co.za](mailto:thabong@global.co.za) (Gauteng)
- South Coast Hospice [schospkz@venturenet.co.za](mailto:schospkz@venturenet.co.za)
- Springs of Hope Support Group [anntabela@yahoo.com](mailto:anntabela@yahoo.com)
- St Matthews Anglican Church [bellf@nu.ac.za](mailto:bellf@nu.ac.za)
- Starfish Greathearts Foundation [starfishkzn@iafrica.com](mailto:starfishkzn@iafrica.com)
- Ubumbano Youth Development Foundation [hunterm@uclink.berkeley.edu](mailto:hunterm@uclink.berkeley.edu)
- University of Kentucky HIV/AIDS Prevention [akarnell@mweb.co.za](mailto:akarnell@mweb.co.za)
- Zenzeleni Project [tsmshengu@hotmail.com](mailto:tsmshengu@hotmail.com)

# What is CINDI?

The Children in Distress Network (CINDI) was founded in July 1996 and consists of over 80 Members – NGOs, CBOs, government agencies and individuals – who collaborate in the interests of children affected or orphaned by HIV/AIDS in the KZN Midlands.



## Vision

A multi-sectoral well resourced network of civil society and government agencies capable of implementing diverse effective sustainable programmes for children affected by HIV/AIDS.

## Mission

To foster a spirit of Ubuntu among CINDI Members, encourage collaboration, enhance mastery of Members, co-ordinate research and unlock resource opportunities for the benefit of all Members.

## Former Working Groups

### Education Access

2000-2002

Cases are now referred to the Anti-Discrimination Task Team of the KZN Department of Education

### Home Based Care Consortium

1999-2004

Sourced funding and developed an isiZulu Training Manual. Training activities are now undertaken by Msunduzi Hospice.